

# COVID-19: Evolving Our Infection Control Policies and Response



### FMDA Journal Club

June 3, 2020 Diane Sanders-Cepeda, DO, CMD – Presenter Joseph Mylotte, MD– Featured Guest

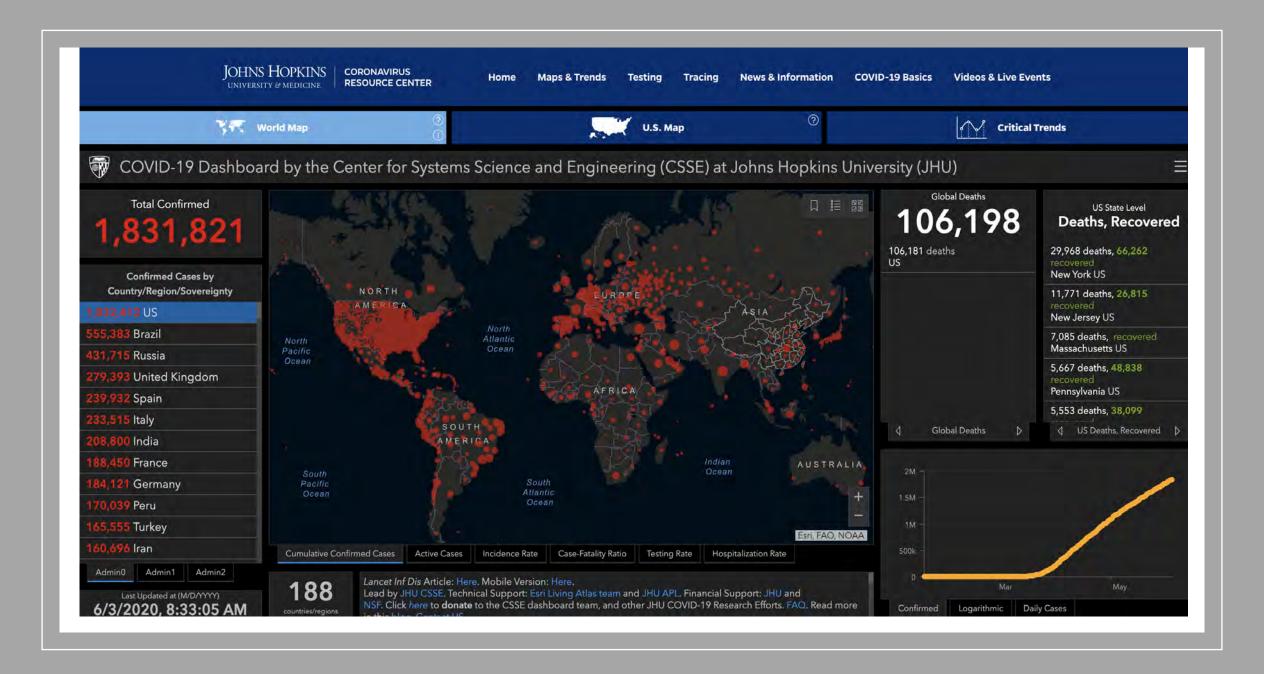
### COVID 19: State of the State

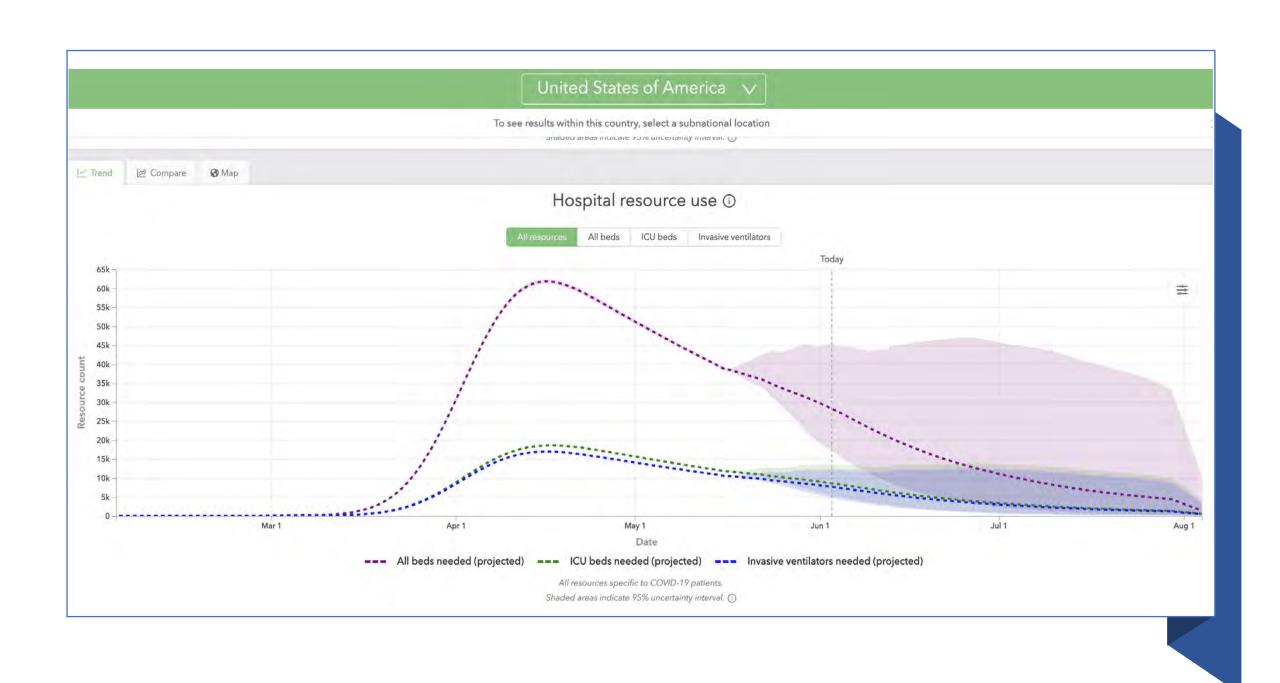
Literature Update

Discussion with Dr. Mylotte – Evolution of Infection Control

**Open Discussion** 

Agenda





Select a County None

**Total Cases** 

57,447

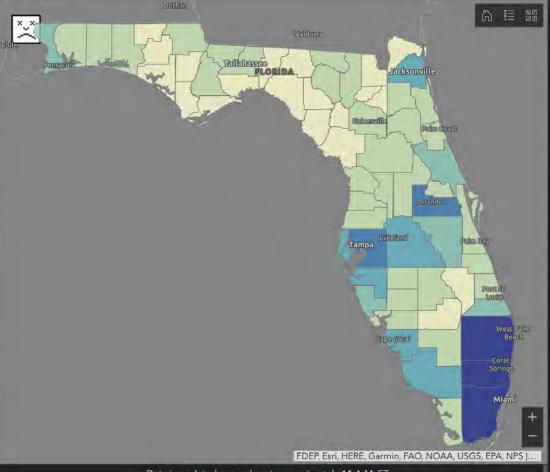
**Cumulative Data for Florida Residents:** 

Positive Residents

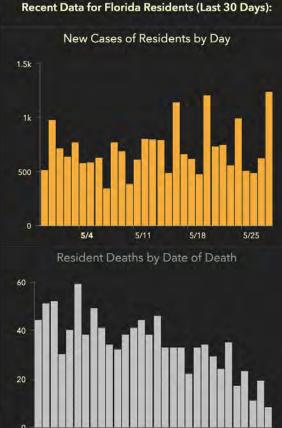
56,001

Deaths

10,412 2,530



Data is updated every day at approximately 11 A.M. ET.



The Deaths by Day chart shows the total number of Florida residents with confirmed COVID-19 that died on each calendar day (12:00 AM - 11:59

5/11

5/18

5/25









# Recommendations for LTC Settings

- 1. SNFs should only accept patients with active COVID-19 infections if they can provide airborne isolation
- 2. Recovering patients with COVID-19 infections must have 2 negative COVID-19 test on 2 consecutive days
- 3. SNFs should screen potential admissions for both typical and atypical symptoms

**Table 1.** Typical and Atypical Signs and Symptoms of COVID-19 in Older Adults

#### **Typical Signs and Symptoms**

Fever  $\geq 37.5^{\circ}C (99.5^{\circ}F)$ 

Cough

Shortness of breath

#### **Atypical Signs and Symptoms**

Confusion or change in mental status (If noted, check pulse oximetry to determine whether increased oxygen is required.)

Exacerbations of congestive heart failure or chronic obstructive pulmonary disease

Muscle aches, headache

Sore throat, runny nose

Chest pain

Diarrhea, nausea, and vomiting

# Recommendations for LTC Settings

- 4. COVID-19 naïve facilities should not accept any new admissions that they suspect may have COVID-19
- 5. Hospitals and SNFs need to work together to identify patients who will need to transition to a skilled nursing facility
- 6. SNFs need to be designated as high-priority sites for increased access to tests and PPE

### Journal Pre-proof

Policy Recommendations regarding Skilled Nursing Facility Management of COVID-19: Lessons From New York State

Paula E. Lester, MD, CMD, Timothy Holahan, DO, CMD, David Siskind, MD, CMD, Elaine Healy, MD, CMD



### Highlights

Dedicated Staff to care for COVID-19 positive patients

Test-based and non test-based strategies

Cohorting COVID-19 patients – dedicated COVID-19 units and transition units for new admits that are COVID-19 negative

Recommendations on required PPE

Providing palliative care and advance care planning







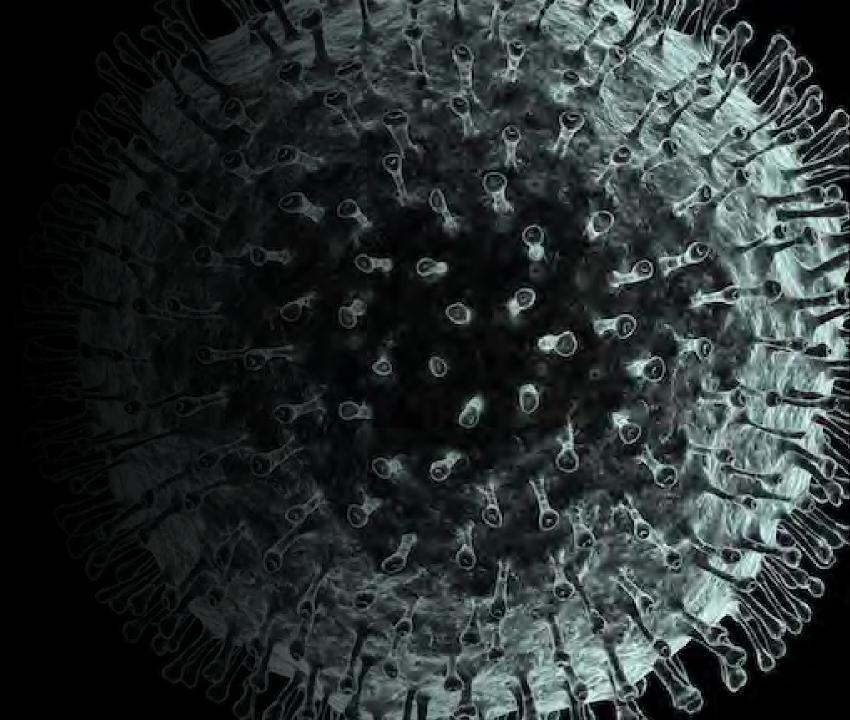
### Position Statement from the National Centre for Infectious Diseases and the Chapter of Infectious Disease Physicians, Academy of Medicine, Singapore – 23 May 2020

### Key Points on Infectivity

Viral RNA detection by PCR does not equal "infectiousness" (viable virus)

When Viral load is low, no viable virus is found

Viable virus was not found after the second week of illness despite persistence of PCR detection of RNA





Discussion with Dr. Mylotte



### Testing Strategies

# Cohorting COVID-19 Patients in SNFs

### Addressing PPE

# De-Isolation Guidance for SNFs



### Open Discussion



### Questions & Comments

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This meeting has been recorded and will be available at <a href="www.fmda.org/journalclub.php">www.fmda.org/journalclub.php</a>