

# COVID-19 Impact: Post COVID Sequelae and the Long Road to Recovery



### FMDA Journal Club

July 21, 2020

**Elaine Healy, MD, CMD; Elizabeth VandeVelde, ARNP** – Special Guests **Diane Sanders-Cepeda, DO, CMD** – Presenter

#### Agenda

- COVID-19 State of the State
- Post COVID Sequelae Discussion
- Open Discussion

Maps & Trends

Tracing

AUSTRALIA

Hospitalization Rate

Testing Rate

**News & Information** 

**COVID-19 Basics** 

**Videos & Live Events** 







U.S. Map



Esri, FAO, NOAA



**Critical Trends** 



COVID-19 Dashboard by the Center for Systems Science and Engineering (CSSE) at Johns Hopkins University (JHU)

Total Confirmed

14,730,716

**Confirmed Cases by** Country/Region/Sovereignty

3,831,450 US

2,118,646 Brazil

1,155,338 India

782,040 Russia

373,628 South Africa

353,590 Peru

349,396 Mexico

330,930 Chile

296,944 United Kingdom

278,827 Iran

266,096 Pakistan

**264,836** Spain

Admin2 Admin0 Admin1

Last Updated at (M/D/YYYY) 7/21/2020, 8:42:39 AM

188 countries/regions

**Cumulative Confirmed Cases** 

Lancet Inf Dis Article: Here. Mobile Version: Here. Lead by JHU CSSE. Technical Support: Esri Living Atlas team and JHU APL. Financial Support: JHU, NSF, Bloomberg Philanthropies and Stavros Niarchos Foundation. Resource support: Slack, Github and AWS. Click here to donate to the CSSE dashboard team, and other IHIL COVID-19 Research Efforts, FAO, Read more in

Case-Fatality Ratio

Incidence Rate

**Active Cases** 





Maps & Trends

Testing

Tracing

**News & Information** 

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U.S. Map



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Admin0

Admin1

Admin2

Last Updated at (M/D/YYYY)

7/21/2020 9:35:48 AM tps://coronavirus.jhu.edu

188 countries/regions

**Cumulative Confirmed Cases Active Cases** Incidence Rate Case-Fatality Ratio **Testing Rate** Hospitalization Rate Lancet Inf Dis Article: Here. Mobile Version: Here. Lead by JHU CSSE. Technical Support: Esri Living Atlas team and JHU APL. Financial Support: JHU, NSF, Bloomberg Philanthropies and Stavros Niarchos Foundation. Resource support: Slack, Github and AWS. Click here to donate to the CSSE dashboard team and other IHU COVID-19 Research Efforts, FAO, Read more in



Logarithmic

Daily Cases

Confirmed

Florida Testing

Cases by County

**Health Metrics** 

USA and World





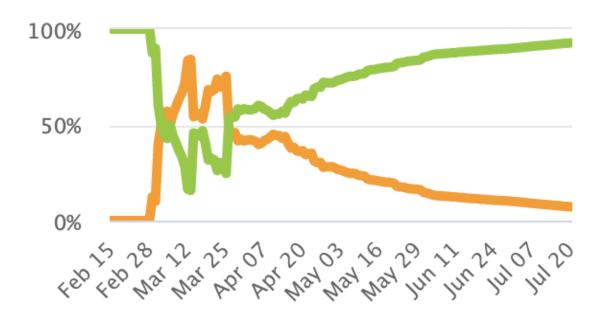








#### Closed Cases



1,995,207

Cases which had an outcome:

1,851,157 (93%)

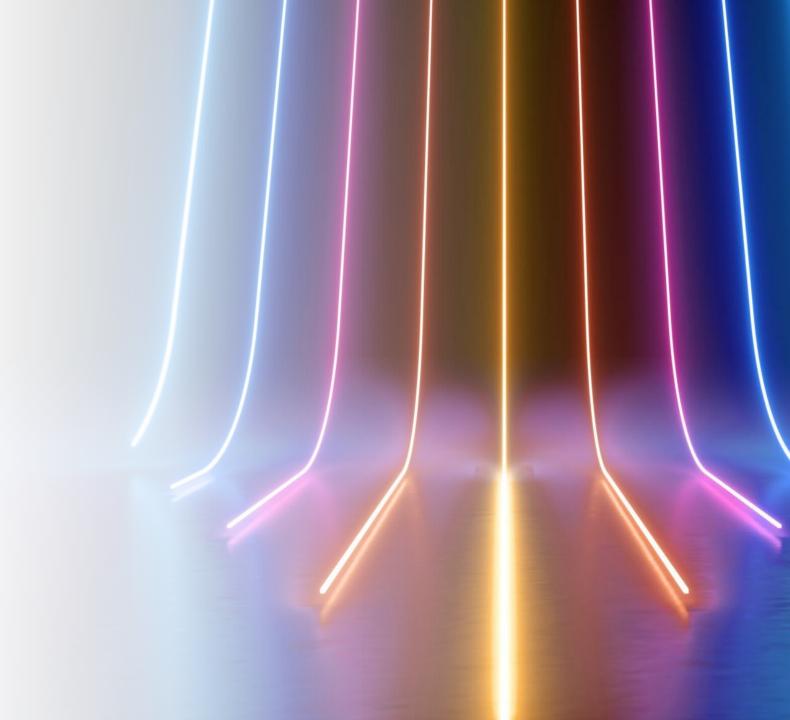
Recovered / Discharged

144,050 (7%)

Deaths

#### Post COVID Sequelae

The Long Road to Recovery



#### Special Guests



**Elaine Healy, MD, CMD;** 

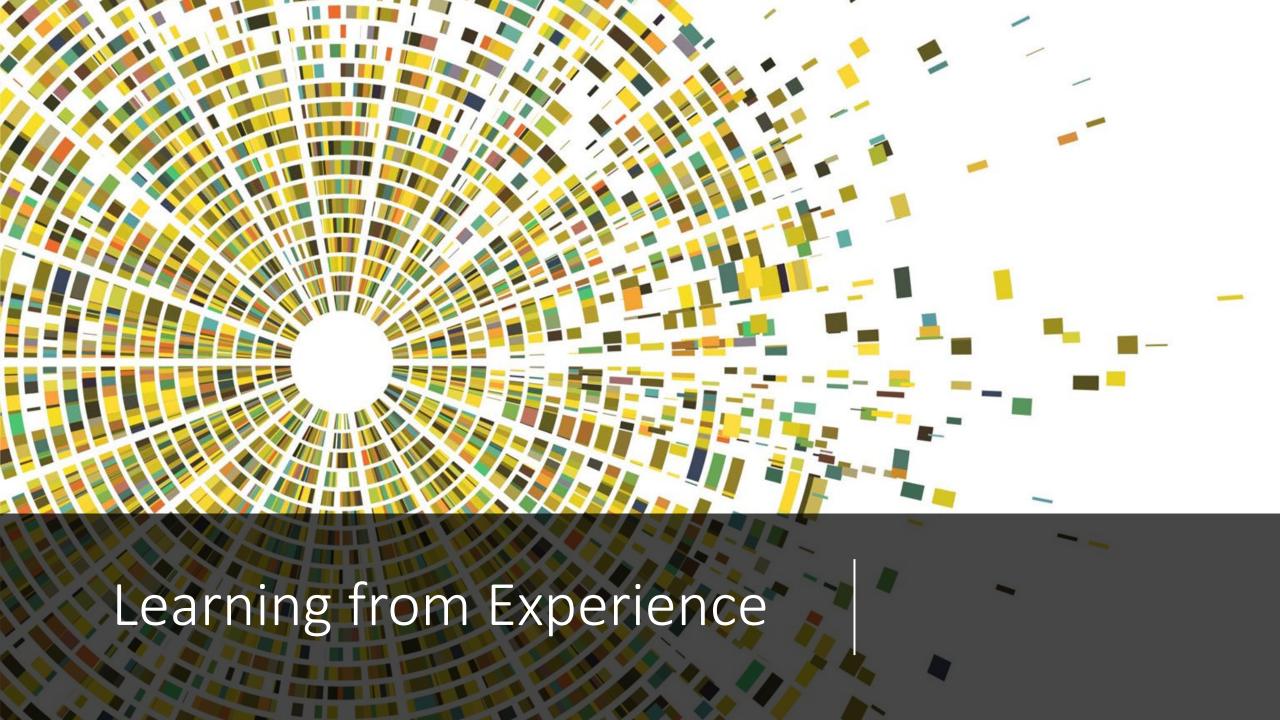
Vice President of Medical Affairs and **Medical Director at United Hebrew** of New Rochelle



Elizabeth VandeVelde, RN, MSN, ANP-CRN, MSN, ANP-C;

**Clinical Service Manager, Optum** 

### Living the Experience

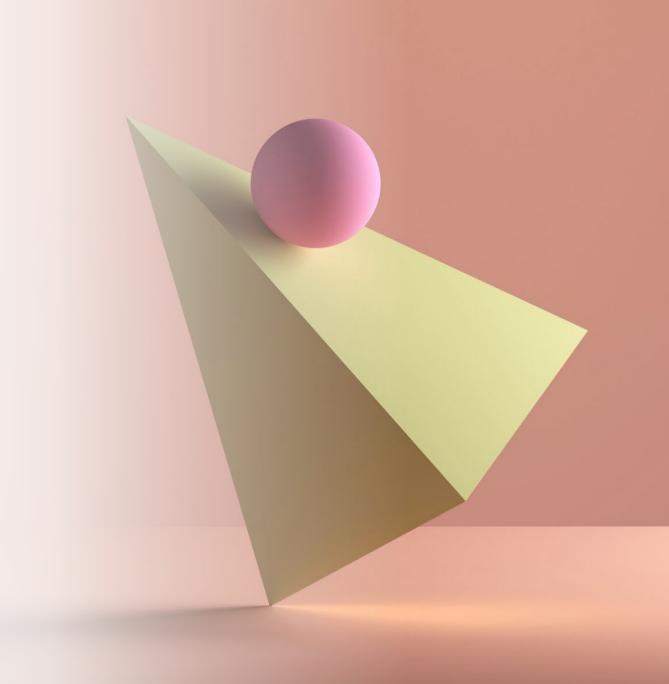


#### Road to Recovery

#### Managing Complications



### Frailty & COVID



### Open Discussion

## Questions & Comments

Diane Sanders-Cepeda, DO CMD

Diane\_sanders-cepeda@uhc.com





400 Executive Center Drive, Suite 208 West Palm Beach, FL 33401

www.fmda.org; www.bestcarepractices.org





This meeting has been recorded and will be available at <a href="www.fmda.org/journalclub.php">www.fmda.org/journalclub.php</a>